

SWEET SACHET uplifting  
 PANTRY SACHET insects  
 MOTH CHASER woollens

## DRIED FRAGRANT + INSECT REPELLENT HERBS

USES IN THE HOME

SWEET amongst linen, in the wardrobe	PUNGENT pantry sachet, moth chaser amongst woollens	WOOD SHAVINGS base notes fixative	SPICES bruise in mortar/ pestle to release fragrance	CITRUS PEEL top notes ground to powder
ENGLISH LAVENDER relaxing	FRENCH LAVENDER w camphor	HUON PINE	CINNAMON QUILLS	ORANGE PEEL
ROSEMARY respiratory	ROSEMARY	SANDALWOOD	CLOVES	LEMON PEEL
LEMON VERBENA relaxing	SANTOLINA moth repellent amongst woollens	CEDAR	ALLSPICE	MANDARIN
LEMON BALM relaxing	BAY LEAVES directly amongst grains/flour	PINE	CORIANDER SEED	
ROSE GERANIUM relaxing, balancing	LEMON GERANIUM			
ROCK ROSE fixative	TARGETES minuta + lemonii			
ROSE PETALS	ARTEMISIA wormwood lads love southernwood			
EUCALYPTUS leaves	RUE strong			
LEPTOSPERMUM citriodora - leaves	MINTS			
	ROCK ROSE fixative			
	LEPTOSPERMUM citrodora			
	EUCALYPTUS LEAVES			

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## **DRIED FRAGRANT + INSECT REPELLENT HERBS**

USES IN THE HOME

### **PLANT MATERIAL / HERBS**

#### **HARVESTING**

##### **essential oils are the of cause of fragrance**

most herbs are at peak potency during late Spring

harvest before the Summer heat arrives

mid-morning after dew has dried and before sun damages essential oils

##### **care for the plant**

herbs are giving plants and love to be harvested

cut just above the node to maintain good shape and vigour

#### **DRYING**

hang in loose bunches or on flat drying rack/screen

out of sunlight

good ventilation

eg - train carriage, hot car (Georgia)

#### **STRIPPING/USING THE DRY MATERIAL**

strip leaves when crispy dry

store out of sunlight in airtight jar

use directly in SWEET SACHET with added fixative/essential oils

leave leaves on stem in bunch of pungent herbs for PANTRY SACHET

sweet smelling herbs - pot pourri, sweet scented sachets amongst linen, in car, etc.

pungent herbs for insect repellency - pantry sachets, moth chaser amongst woollens + fabric

In a bowl, combine herbs/plant material according to your preferred fragrant mix.

In a separate bowl, combine a woody mix from fixatives, spices, citrus, essential oils.

#### **FIXATIVES**

Help prolong life of fragrance.

- rock rose

- wood shavings - huon pine, sandalwood, cedarwood, etc.

#### **SPICES**

add spices to woody mix - bruise in mortar and pestle

#### **CITRUS**

grind dried citrus peel - add to woody mix

#### **100% PURE ESSENTIAL OILS**

add essential oils of choice to woody mix

Combine woody mix with dried plant material and store in bowl or sachet.